

HEYLOFT

Longways duple minor proper

Any good jig or reel (but "Blue Jig" or that medlied with "Megajig" is great!)

Alan Winston 2012-07-12

Intended as an easy teaching dance, inspired by a c.1802 dance where the 1s do sequential figure eights through the bottom couple. Turns out that with the right tunes, it's good fun, and makes a decent opener.

A1: M1 crosses down to start hey for 3 with 2s, giving left shoulder to W2; all finish at home

A2: W1 crosses down to start hey for 3 with 2s, giving right shoulder to M2; all finish at home

B1: 1s down the middle and back and cast off

B2: Whole pousette CCW (which should flow nicely into the hey with new couple)